

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 9

कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #31



8800440559



Jio TV



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Dish TV Channel #2030

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 9

जुलाई 2023

July 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शनिवार, 01 जुलाई 2023 Saturday, 01 July 2023			
General	MOTHER EARTH Prakriti English	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:33 PM 03:04 PM 05:35 PM 08:06 PM 10:36 PM
संस्कृत	पाठ 9: सिकतासेतु: भाग - 1	संस्कृत	12:10 AM 02:40 AM 05:11 AM 07:42 AM 10:13 AM 12:43 PM 03:14 PM 05:45 PM 08:16 PM 10:46 PM
हिन्दी	स्पर्श, पाठ 7: अब कैसे छूटे राम, नाम एसी लाल तुझ बिनु	हिन्दी	12:35 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:09 PM 03:39 PM 06:10 PM 08:41 PM 11:12 PM
Laboratory experimental demonstration and animation videos	Onion and Cheek Cells	English	01:06 AM 03:37 AM 06:07 AM 08:38 AM 11:09 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:43 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy Why Democracy	English	01:13 AM 03:43 AM 06:14 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:48 PM 09:19 PM 11:50 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part I	English	01:42 AM 04:13 AM 06:44 AM 09:14 AM 11:45 AM 02:16 PM 04:47 PM 07:17 PM 09:48 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	Musical	02:07 AM 04:38 AM 07:08 AM 09:39 AM 12:10 PM



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Dish TV Channel #2030

			02:41 PM 05:11 PM 07:42 PM 10:13 PM
General	Dhyana	English	02:13 AM 04:44 AM 07:15 AM 09:45 AM 12:16 PM 02:47 PM 05:18 PM 07:49 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:28 PM 07:59 PM 10:29 PM
रविवार, 02 जुलाई 2023 Sunday, 02 July 2023			
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:04 AM 02:34 AM 05:05 AM 07:36 AM 10:06 AM 12:37 PM 03:08 PM 05:39 PM 08:09 PM 10:40 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:28 AM 02:59 AM 05:30 AM 08:01 AM 10:31 AM 01:02 PM 03:33 PM 06:03 PM 08:34 PM 11:05 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकंत्र क्या? लोकंत्र क्यों?	हिन्दी	12:43 AM 03:13 AM 05:44 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:18 PM 08:48 PM 11:19 PM
कहानी	बबलू की नाव	हिन्दी	01:11 AM 03:41 AM 06:12 AM 08:43 AM 11:13 AM 01:44 PM 04:15 PM 06:45 PM 09:16 PM 11:47 PM
Social Science (Economics)	Economics, Chapter 3: Poverty as a Challenge	English	01:32 AM 04:02 AM 06:33 AM 09:04 AM 11:35 AM 02:05 PM 04:36 PM 07:07 PM 09:37 PM



Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part II	English	01:55 AM 04:26 AM 06:57 AM 09:27 AM 11:58 AM 02:29 PM 05:00 PM 07:30 PM 10:01 PM
General	Nadishodhan Pranayam	English	02:22 AM 04:53 AM 07:23 AM 09:54 AM 12:25 PM 02:55 PM 05:26 PM 07:57 PM 10:28 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	02:25 AM 04:56 AM 07:27 AM 09:58 AM 12:28 PM 02:59 PM 05:30 PM 08:00 PM 10:31 PM
सोमवार, 03 जुलाई 2023 Monday, 03 July 2023			
General	Zoological-Survey-of-india	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिन्दी	स्पर्श, पाठ 7: अब कैसे छूटे राम, नाम एसी लाल तुझ बिनु	हिन्दी	12:03 AM 02:33 AM 05:03 AM 07:33 AM 10:04 AM 12:34 PM 03:04 PM 05:34 PM 08:04 PM 10:34 PM
कहानी	Sanskrit Story: Swapna Bhangah	संस्कृत	12:34 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
Laboratory experimental demonstration and animation videos	Heating of copper sulphate	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
Science	Chapter - 8: Motion	English	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Mathematics	Chapter 7: Triangles, Part - 1	English	01:37 AM 04:07 AM 06:37 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
General	Safe use of internet	English	02:07 AM 04:37 AM 07:07 AM 09:38 AM 12:08 PM 02:38 PM 05:08 PM 07:38 PM 10:08 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	02:13 AM 04:43 AM 07:13 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
मंगलवार, 04 जुलाई 2023 Tuesday, 04 July 2023			
हिन्दी	स्पर्श, पाठ 7: अब कैसे छूटे राम, नाम एसी लाल तुझ बिनु	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General	Waste Reduced	English	12:41 AM 03:11 AM 05:41 AM 08:12 AM 10:42 AM 01:12 PM 03:43 PM 06:13 PM 08:43 PM 11:14 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:42 AM 03:12 AM 05:43 AM 08:13 AM 10:43 AM 01:14 PM 03:44 PM 06:14 PM 08:45 PM 11:15 PM
Science	Chapter - 8: Motion	English	01:19 AM 03:49 AM 06:20 AM 08:50 AM 11:20 AM 01:51 PM 04:21 PM 06:51 PM 09:22 PM 11:52 PM



Cultural Heritage: Art, Music & Dance	Folk Dance - Assam	Musical	01:45 AM 04:16 AM 06:46 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
Mathematics	Chapter 7: Triangles, Part - 2	English	01:55 AM 04:26 AM 06:56 AM 09:26 AM 11:57 AM 02:27 PM 04:57 PM 07:28 PM 09:58 PM
बुधवार, 05 जुलाई 2023 Wednesday, 05 July 2023			
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
गणित	पाठ 7: त्रिभुज, भाग - 1	हिन्दी	12:04 AM 02:34 AM 05:04 AM 07:34 AM 10:04 AM 12:34 PM 03:04 PM 05:34 PM 08:05 PM 10:35 PM
General	Setu Bandhasana	English	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:38 AM 03:08 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
सामान्य	स्वास्थ्य और स्वच्छता	हिन्दी	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part I	English	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:10 PM 11:40 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Feather Stitch	English	01:51 AM 04:21 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM



English	Moments, Chapter - 7: The Last Leaf	English	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
बृहस्पतिवार, 06 जुलाई 2023 Thursday, 06 July 2023			
गणित	पाठ 7: त्रिभुज, भाग - 1	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:04 PM 05:35 PM 08:06 PM 10:37 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:50 AM 03:21 AM 05:52 AM 08:23 AM 10:54 AM 01:24 PM 03:55 PM 06:26 PM 08:57 PM 11:28 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:14 AM 03:45 AM 06:16 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:50 PM 09:20 PM 11:51 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part II	English	01:17 AM 03:48 AM 06:18 AM 08:49 AM 11:20 AM 01:51 PM 04:22 PM 06:53 PM 09:23 PM 11:54 PM
English	Moments, Chapter - 7: The Last Leaf	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:52 AM 02:23 PM 04:54 PM 07:25 PM 09:55 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	02:23 AM 04:54 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:28 PM 07:59 PM 10:30 PM
शुक्रवार, 07 जुलाई 2023 Friday, 07 July 2023			
सामान्य	Water Saved	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
संस्कृत	पाठ 9: सिकतासेतु: भाग - 1	संस्कृत	12:02 AM 02:32 AM 05:03 AM 07:34 AM 10:04 AM



			12:35 PM 03:05 PM 05:36 PM 08:07 PM 10:37 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	12:28 AM 02:59 AM 05:29 AM 08:00 AM 10:30 AM 01:01 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:38 AM 01:08 PM 03:39 PM 06:09 PM 08:40 PM 11:11 PM
Mathematics	Chapter 7: Triangles, Part - 3	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:11 AM 01:41 PM 04:12 PM 06:42 PM 09:13 PM 11:44 PM
कहानी	Sanskrit Story: Buddhiryasya Balamtasya	संस्कृत	01:40 AM 04:11 AM 06:41 AM 09:12 AM 11:43 AM 02:13 PM 04:44 PM 07:14 PM 09:45 PM
Science	Chapter - 8: Motion, Part - 1	English	01:49 AM 04:20 AM 06:51 AM 09:21 AM 11:52 AM 02:22 PM 04:53 PM 07:24 PM 09:54 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	02:24 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:59 PM 10:29 PM
शनिवार, 08 जुलाई 2023 Saturday, 08 July 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
संस्कृत	पाठ 9: सिकतासेतु: भाग - 1	संस्कृत	12:01 AM 02:32 AM 05:03 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:36 PM 08:07 PM 10:38 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:25 AM 02:56 AM 05:27 AM 07:57 AM 10:28 AM



			12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:02 PM
हिन्दी	क्षितिज, पाठ 7: मेरे बचपन के दिन, भाग - 1	हिन्दी	12:39 AM 03:10 AM 05:41 AM 08:12 AM 10:42 AM 01:13 PM 03:44 PM 06:15 PM 08:45 PM 11:16 PM
कहानी	Sanskrit Story: Lobhah nashaya	संस्कृत	01:00 AM 03:31 AM 06:02 AM 08:32 AM 11:03 AM 01:34 PM 04:05 PM 06:35 PM 09:06 PM 11:37 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part I	English	01:05 AM 03:36 AM 06:06 AM 08:37 AM 11:08 AM 01:39 PM 04:09 PM 06:40 PM 09:11 PM 11:42 PM
Social Science (Geography)	Contemporary India-I, Chapter - 2: Physical Features of India	English	01:36 AM 04:06 AM 06:37 AM 09:08 AM 11:39 AM 02:09 PM 04:40 PM 07:11 PM 09:41 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखे मिथिला पेंटिंग	हिन्दी	02:11 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:45 PM 05:16 PM 07:46 PM 10:17 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:25 AM 09:55 AM 12:26 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
रविवार, 09 जुलाई 2023 Sunday, 09 July 2023			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM 02:28 AM 04:57 AM 07:25 AM 09:54 AM 12:22 PM 02:51 PM 05:20 PM 07:48 PM 10:17 PM
General	Shashankasana	English	12:26 AM 02:54 AM 05:23 AM 07:51 AM 10:20 AM 12:48 PM 03:17 PM 05:46 PM 08:14 PM 10:43 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:28 AM 02:56 AM 05:25 AM 07:54 AM 10:22 AM



			12:51 PM 03:19 PM 05:48 PM 08:17 PM 10:45 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	12:42 AM 03:11 AM 05:39 AM 08:08 AM 10:36 AM 01:05 PM 03:34 PM 06:02 PM 08:31 PM 10:59 PM
General	Introduction to MISSION LIFE	English	01:10 AM 03:39 AM 06:07 AM 08:36 AM 11:04 AM 01:33 PM 04:01 PM 06:30 PM 08:59 PM 11:27 PM
Social Science (Economics)	Economics, Chapter 3: Poverty as a Challenge, Part - 1	English	01:12 AM 03:41 AM 06:10 AM 08:38 AM 11:07 AM 01:35 PM 04:04 PM 06:32 PM 09:01 PM 11:30 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Northern Plains	English	01:52 AM 04:20 AM 06:49 AM 09:18 AM 11:46 AM 02:15 PM 04:43 PM 07:12 PM 09:41 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	01:55 AM 04:24 AM 06:52 AM 09:21 AM 11:49 AM 02:18 PM 04:47 PM 07:15 PM 09:44 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	02:23 AM 04:52 AM 07:20 AM 09:49 AM 12:18 PM 02:46 PM 05:15 PM 07:43 PM 10:12 PM
सोमवार, 10 जुलाई 2023 Monday, 10 July 2023			
सामान्य	शशकासन	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:10 AM 02:40 AM 05:11 AM 07:41 AM 10:11 AM 12:42 PM 03:12 PM 05:42 PM 08:13 PM 10:43 PM
हिन्दी	क्षितिज, पाठ 7: मेरे बचपन के दिन, भाग - 2	हिन्दी	12:13 AM 02:43 AM 05:14 AM 07:44 AM 10:14 AM



			12:45 PM 03:15 PM 05:45 PM 08:16 PM 10:46 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:52 AM 03:22 AM 05:52 AM 08:23 AM 10:53 AM 01:23 PM 03:54 PM 06:24 PM 08:54 PM 11:25 PM
सामान्य	Water Saved	हिन्दी	01:12 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:14 PM 11:45 PM
Science	Chapter - 8: Motion, Part - II	English	01:13 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:44 PM 04:15 PM 06:45 PM 09:16 PM 11:46 PM
Mathematics	Chapter 7: Triangles, Part - 4	English	01:45 AM 04:16 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:47 PM 07:18 PM 09:48 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:17 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Jharkhand	Musical	02:21 AM 04:52 AM 07:22 AM 09:53 AM 12:23 PM 02:53 PM 05:24 PM 07:54 PM 10:24 PM
मंगलवार, 11 जुलाई 2023 Tuesday, 11 July 2023			
हिन्दी	क्षितिज, पाठ 7: मेरे बचपन के दिन	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:39 PM 11:09 PM
Science	Chapter - 8: Motion, Part - II	English	01:09 AM 03:39 AM 06:10 AM 08:40 AM 11:10 AM



DD Free Dish Channel #31



8800440559



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			01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:42 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:40 PM 07:10 PM 09:40 PM
Mathematics	Chapter 7: Triangles, Part - 5	English	01:40 AM 04:10 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:42 PM
General	Parts of Flower	English	02:15 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:46 PM 05:16 PM 07:47 PM 10:17 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:20 AM 04:50 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:22 PM 07:52 PM 10:22 PM
बुधवार, 12 जुलाई 2023 Wednesday, 12 July 2023			
गणित	पाठ 7: त्रिभुज, भाग - 2	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:07 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:36 AM 01:07 PM 03:38 PM 06:08 PM 08:39 PM 11:09 PM
कहानी	बबलू की नाव	हिन्दी	12:58 AM 03:28 AM 05:59 AM 08:29 AM 11:00 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in	English	01:19 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM



	Europe and the Russian revolution, Part III		01:52 PM 04:22 PM 06:53 PM 09:23 PM 11:54 PM
कहानी	छोटा या बड़ा	हिन्दी	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:48 AM 02:18 PM 04:49 PM 07:19 PM 09:50 PM
English	Moments, Chapter - 7: The Last Leaf	English	01:50 AM 04:20 AM 06:51 AM 09:21 AM 11:52 AM 02:22 PM 04:53 PM 07:24 PM 09:54 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:29 PM
बृहस्पतिवार, 13 जुलाई 2023 Thursday, 13 July 2023			
गणित	पाठ 7: त्रिभुज, भाग - 2	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:32 AM 03:02 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:35 AM 03:05 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
General	A Visit to Cherapunjee	English	12:59 AM 03:29 AM 05:59 AM 08:29 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:01 PM 11:31 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part IV	English	01:14 AM 03:44 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:16 PM 11:46 PM
सामान्य	ध्यान	हिन्दी	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:40 AM



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			02:10 PM 04:40 PM 07:10 PM 09:41 PM
English	Moments, Chapter - 7: The Last Leaf	English	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:45 PM
General	Safety and Security against Violence and Injuries	English	02:17 AM 04:47 AM 07:17 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:49 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:25 PM
शुक्रवार, 14 जुलाई 2023 Friday, 14 July 2023			
General	Parts of Flower	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
संस्कृत	पाठ 9: सिकतासेतु: भाग - 1	संस्कृत	12:06 AM 02:36 AM 05:06 AM 07:37 AM 10:07 AM 12:37 PM 03:07 PM 05:37 PM 08:08 PM 10:38 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:02 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:30 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
Mathematics	Chapter 7: Triangles, Part - 6	English	01:00 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
कहानी	बबलू की नाव	हिन्दी	01:25 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM



			01:56 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM
Science	Chapter - 8: Motion, Part - II	English	01:50 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:52 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
शनिवार, 15 जुलाई 2023 Saturday, 15 July 2023			
संस्कृत	पाठ 9: सिकतासेतु: भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
हिन्दी	क्षितिज, पाठ 7: मेरे बचपन के दिन	हिन्दी	12:44 AM 03:15 AM 05:46 AM 08:16 AM 10:47 AM 01:18 PM 03:48 PM 06:19 PM 08:50 PM 11:20 PM
General	Introduction to MISSION LIFE	English	01:06 AM 03:36 AM 06:07 AM 08:38 AM 11:08 AM 01:39 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले - महाराष्ट्र	हिन्दी	01:08 AM 03:39 AM 06:10 AM 08:40 AM 11:11 AM 01:42 PM 04:12 PM 06:43 PM 09:14 PM 11:44 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Dadra and Nagar Haveli	Musical	01:16 AM 03:47 AM 06:17 AM 08:48 AM 11:19 AM 01:49 PM 04:20 PM 06:51 PM 09:21 PM 11:52 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part II	English	01:21 AM 03:51 AM 06:22 AM 08:53 AM 11:24 AM 01:54 PM 04:25 PM 06:56 PM 09:26 PM 11:57 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	01:49 AM 04:20 AM 06:51 AM 09:21 AM 11:52 AM



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			02:23 PM 04:53 PM 07:24 PM 09:55 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Himalayan	English	02:14 AM 04:44 AM 07:15 AM 09:46 AM 12:17 PM 02:47 PM 05:18 PM 07:49 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:25 AM 09:55 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:29 PM
रविवार, 16 जुलाई 2023 Sunday, 16 July 2023			
General	Nutrition_Health and Sanitation	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	12:07 AM 02:38 AM 05:09 AM 07:40 AM 10:11 AM 12:42 PM 03:13 PM 05:44 PM 08:15 PM 10:45 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:26 AM 02:57 AM 05:28 AM 07:59 AM 10:30 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:29 AM 03:00 AM 05:31 AM 08:02 AM 10:33 AM 01:04 PM 03:35 PM 06:05 PM 08:36 PM 11:07 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 1	हिन्दी	12:43 AM 03:14 AM 05:45 AM 08:16 AM 10:47 AM 01:18 PM 03:49 PM 06:20 PM 08:51 PM 11:22 PM
Social Science (Economics)	Economics, Chapter 3: Poverty as a Challenge, Part - 2	English	01:10 AM 03:41 AM 06:12 AM 08:43 AM 11:14 AM 01:44 PM 04:15 PM 06:46 PM 09:17 PM 11:48 PM
सामान्य	इंटरनेट पर ऐसे रहें सेफ	हिन्दी	01:47 AM 04:17 AM 06:48 AM 09:19 AM 11:50 AM



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			02:21 PM 04:52 PM 07:23 PM 09:54 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: The Island	English	01:56 AM 04:27 AM 06:58 AM 09:29 AM 12:00 PM 02:31 PM 05:02 PM 07:33 PM 10:04 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:22 AM 04:53 AM 07:24 AM 09:55 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:29 PM
सोमवार, 17 जुलाई 2023 Monday, 17 July 2023			
General	Introduction to MISSION LIFE	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 1	हिन्दी	12:03 AM 02:34 AM 05:04 AM 07:35 AM 10:05 AM 12:36 PM 03:07 PM 05:37 PM 08:08 PM 10:38 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:37 PM 11:07 PM
Science	Chapter - 8: Motion, Part - III	English	01:07 AM 03:37 AM 06:08 AM 08:38 AM 11:09 AM 01:39 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:28 AM 03:59 AM 06:29 AM 09:00 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:33 PM
Mathematics	Chapter 7: Triangles, Part - 7	English	01:37 AM 04:07 AM 06:38 AM 09:09 AM 11:39 AM 02:10 PM 04:40 PM 07:11 PM 09:42 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	बांस की हस्त शिल्प कला	हिन्दी	02:10 AM 04:40 AM 07:11 AM 09:41 AM 12:12 PM



			02:42 PM 05:13 PM 07:44 PM 10:14 PM
मंगलवार, 18 जुलाई 2023 Tuesday, 18 July 2023			
General	Single Use Plastic	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 1	हिन्दी	12:02 AM 02:33 AM 05:03 AM 07:34 AM 10:04 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:36 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
Science	Chapter - 8: Motion, Part - III	English	01:04 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:36 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	01:26 AM 03:57 AM 06:27 AM 08:57 AM 11:28 AM 01:58 PM 04:29 PM 06:59 PM 09:29 PM
Mathematics	Chapter - 8: Quadrilaterals, Part - I	English	01:59 AM 04:29 AM 07:00 AM 09:30 AM 12:00 PM 02:31 PM 05:01 PM 07:32 PM 10:02 PM
बुधवार, 19 जुलाई 2023 Wednesday, 19 July 2023			
गणित	पाठ 8: चतुर्भुज	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
सामान्य	मून एंड आर्टिफिसियल सॅटलाइट	हिन्दी	12:29 AM 03:00 AM 05:30 AM 08:01 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM



विज्ञान	पाठ 8: गति	हिन्दी	12:46 AM 03:17 AM 05:47 AM 08:18 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:51 PM 11:21 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part I	English	01:12 AM 03:43 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:47 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:39 AM 04:09 AM 06:40 AM 09:10 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
English	Beehive, Chapter - 8: On Killing a Tree	English	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:44 AM 02:14 PM 04:45 PM 07:15 PM 09:46 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:19 AM 04:50 AM 07:20 AM 09:51 AM 12:21 PM 02:52 PM 05:23 PM 07:53 PM 10:24 PM
बृहस्पतिवार, 20 जुलाई 2023 Thursday, 20 July 2023			
गणित	पाठ 8: चतुर्भुज	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:25 PM 10:55 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:09 PM 03:39 PM 06:09 PM 08:40 PM 11:10 PM
General	Growing up Healthy	English	01:01 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM



Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part II	English	01:05 AM 03:35 AM 06:06 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:38 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	01:35 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:07 PM 09:38 PM
English	Beehive, Chapter - 8: On Killing a Tree	English	01:37 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:09 PM 04:39 PM 07:09 PM 09:40 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	Musical	02:15 AM 04:45 AM 07:16 AM 09:46 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:17 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:18 AM 04:48 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:20 PM
शुक्रवार, 21 जुलाई 2023 Friday, 21 July 2023			
संस्कृत	पाठ 10: जटायो: शौर्यम् भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
General	Zoological-Survey-of-india	English	12:28 AM 02:58 AM 05:29 AM 08:00 AM 10:30 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:30 AM 03:01 AM 05:31 AM 08:02 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:36 PM 11:07 PM
स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	कबड्डी	हिन्दी	12:52 AM 03:22 AM 05:53 AM 08:24 AM 10:54 AM 01:25 PM 03:56 PM 06:27 PM 08:57 PM 11:28 PM



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Mathematics	Chapter - 8: Quadrilaterals, Part - II	English	01:16 AM 03:47 AM 06:17 AM 08:48 AM 11:19 AM 01:50 PM 04:20 PM 06:51 PM 09:22 PM 11:52 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:48 PM 07:19 PM 09:50 PM
Science	Chapter - 8: Motion, Part - III	English	01:58 AM 04:29 AM 07:00 AM 09:30 AM 12:01 PM 02:32 PM 05:03 PM 07:33 PM 10:04 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	02:22 AM 04:53 AM 07:23 AM 09:54 AM 12:25 PM 02:55 PM 05:26 PM 07:57 PM 10:28 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	02:25 AM 04:55 AM 07:26 AM 09:57 AM 12:28 PM 02:58 PM 05:29 PM 08:00 PM 10:31 PM
शनिवार, 22 जुलाई 2023 Saturday, 22 July 2023			
संस्कृत	पाठ 10: जटायो: शौर्यम् भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:34 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 1	हिन्दी	12:59 AM 03:29 AM 05:59 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:01 PM 11:31 PM
General	Single Use Plastic	हिन्दी	01:22 AM 03:53 AM 06:23 AM 08:53 AM 11:23 AM 01:53 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM



Social Science (Political Science)	Democratic Politics-I, Chapter - 2: Constitutional Design Part 1	English	01:24 AM 03:54 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:56 PM 09:26 PM 11:56 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	01:50 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:52 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
रविवार, 23 जुलाई 2023 Sunday, 23 July 2023			
सामान्य	त्रिकोणासन	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	12:03 AM 02:34 AM 05:04 AM 07:35 AM 10:05 AM 12:36 PM 03:06 PM 05:37 PM 08:07 PM 10:38 PM
General	Single Use Plastic	हिन्दी	12:22 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:55 PM 03:25 PM 05:56 PM 08:26 PM 10:57 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 1	हिन्दी	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:27 PM 05:57 PM 08:28 PM 10:58 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	12:51 AM 03:21 AM 05:52 AM 08:22 AM 10:53 AM 01:23 PM 03:54 PM 06:24 PM 08:54 PM 11:25 PM



Social Science (Economics)	Economics, Chapter -4: Food Security In India	English	12:59 AM 03:30 AM 06:00 AM 08:31 AM 11:01 AM 01:32 PM 04:02 PM 06:33 PM 09:03 PM 11:34 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:28 AM 03:59 AM 06:29 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:01 PM 09:32 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	02:02 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:06 PM
सोमवार, 24 जुलाई 2023 Monday, 24 July 2023			
सामान्य	Water Saved	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 2	हिन्दी	12:02 AM 02:32 AM 05:02 AM 07:33 AM 10:03 AM 12:33 PM 03:04 PM 05:34 PM 08:04 PM 10:35 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:26 AM 02:57 AM 05:27 AM 07:57 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
Science	Chapter - 8: Motion, Part - IV	English	01:01 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:03 PM 11:34 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:33 PM
Mathematics	Chapter - 8: Quadrilaterals, Part - III	English	01:39 AM 04:10 AM 06:40 AM 09:10 AM 11:41 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM



General	Parts of Flower	English	02:21 AM 04:51 AM 07:21 AM 09:52 AM 12:22 PM 02:52 PM 05:23 PM 07:53 PM 10:23 PM
मंगलवार, 25 जुलाई 2023 Tuesday, 25 July 2023			
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 2	हिन्दी	12:04 AM 02:34 AM 05:05 AM 07:36 AM 10:06 AM 12:37 PM 03:08 PM 05:39 PM 08:09 PM 10:40 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:23 AM 02:54 AM 05:24 AM 07:55 AM 10:26 AM 12:56 PM 03:27 PM 05:58 PM 08:28 PM 10:59 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:37 AM 03:08 AM 05:38 AM 08:09 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:43 PM 11:13 PM
General	Promotion of Healthy Lifestyle	English	01:14 AM 03:44 AM 06:15 AM 08:46 AM 11:16 AM 01:47 PM 04:18 PM 06:49 PM 09:19 PM 11:50 PM
Science	Chapter - 8: Motion, Part - IV	English	01:20 AM 03:50 AM 06:21 AM 08:52 AM 11:22 AM 01:53 PM 04:24 PM 06:54 PM 09:25 PM 11:56 PM
Mathematics	Chapter - 8: Quadrilaterals, Part - IV	English	01:56 AM 04:27 AM 06:58 AM 09:29 AM 11:59 AM 02:30 PM 05:01 PM 07:31 PM 10:02 PM
बुधवार, 26 जुलाई 2023 Wednesday, 26 July 2023			
General	zoological-Survey-of-india	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM



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			12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM
गणित	पाठ 8: चतुर्भुज	हिन्दी	12:03 AM 02:33 AM 05:04 AM 07:34 AM 10:04 AM 12:34 PM 03:05 PM 05:35 PM 08:05 PM 10:35 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
General	Gender Equality	English	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part III	English	01:04 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
English	Moments, Chapter - 8: A House is Not A Home part-1	English	01:34 AM 04:04 AM 06:34 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:36 PM
कहानी	बबलू की नाव	हिन्दी	01:58 AM 04:28 AM 06:58 AM 09:29 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 10:00 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:19 AM 04:49 AM 07:19 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:51 PM 10:21 PM
बृहस्पतिवार, 27 जुलाई 2023 Thursday, 27 July 2023			
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
गणित	पाठ 8: चतुर्भुज	हिन्दी	12:04 AM 02:34 AM 05:04 AM 07:35 AM 10:05 AM



			12:35 PM 03:06 PM 05:36 PM 08:06 PM 10:37 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:25 AM 02:56 AM 05:26 AM 07:56 AM 10:27 AM 12:57 PM 03:28 PM 05:58 PM 08:28 PM 10:59 PM
विज्ञान	पाठ 8: गति	हिन्दी	12:40 AM 03:11 AM 05:41 AM 08:11 AM 10:42 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:13 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	बांस की हस्त शिल्प कला	हिन्दी	01:04 AM 03:34 AM 06:05 AM 08:35 AM 11:05 AM 01:36 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part IV	English	01:21 AM 03:51 AM 06:21 AM 08:52 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:23 PM 11:54 PM
English	Moments, Chapter - 8: A House is Not A Home, Part - II	English	01:52 AM 04:22 AM 06:53 AM 09:23 AM 11:53 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
General	Panni Quinn and Polar Bear	English	02:06 AM 04:37 AM 07:07 AM 09:37 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:11 AM 04:42 AM 07:12 AM 09:42 AM 12:13 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
सामान्य	सूर्य नमस्कार	हिन्दी	02:19 AM 04:50 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:21 PM 07:52 PM 10:22 PM
शुक्रवार, 28 जुलाई 2023 Friday, 28 July 2023			
General	Zoological-Survey-of-india	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM



			12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:37 PM
संस्कृत	पाठ 10: जटायो: शौर्यम् भाग - 2	संस्कृत	12:03 AM 02:34 AM 05:05 AM 07:36 AM 10:07 AM 12:38 PM 03:08 PM 05:39 PM 08:10 PM 10:41 PM
Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	12:28 AM 02:59 AM 05:30 AM 08:01 AM 10:32 AM 01:03 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	12:54 AM 03:25 AM 05:56 AM 08:27 AM 10:57 AM 01:28 PM 03:59 PM 06:30 PM 09:01 PM 11:32 PM
General	Promotion of Healthy Lifestyle	English	01:14 AM 03:45 AM 06:15 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:50 PM 09:21 PM 11:52 PM
Mathematics	Chapter - 8: Quadrilaterals, Part - V	English	01:20 AM 03:51 AM 06:21 AM 08:52 AM 11:23 AM 01:54 PM 04:25 PM 06:56 PM 09:27 PM 11:58 PM
Science	Chapter 8: Motion - Motion along a straight line	English	02:03 AM 04:34 AM 07:05 AM 09:36 AM 12:07 PM 02:37 PM 05:08 PM 07:39 PM 10:10 PM
Science	Chapter 8: Motion - Measuring the rate of motion	English	02:09 AM 04:39 AM 07:10 AM 09:41 AM 12:12 PM 02:43 PM 05:14 PM 07:45 PM 10:16 PM
Science	Chapter 8: Motion - Distance time graph	English	02:11 AM 04:42 AM 07:13 AM 09:44 AM 12:15 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
कहानी	Sanskrit Story: Chatur Banar	संस्कृत	02:17 AM 04:47 AM 07:18 AM 09:49 AM 12:20 PM



			02:51 PM 05:22 PM 07:53 PM 10:24 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	02:25 AM 04:56 AM 07:27 AM 09:58 AM 12:28 PM 02:59 PM 05:30 PM 08:01 PM 10:32 PM
शनिवार, 29 जुलाई 2023 Saturday, 29 July 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
संस्कृत	पाठ 10: जटायो: शौर्यम् भाग - 2	संस्कृत	12:08 AM 02:39 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:11 PM 05:42 PM 08:13 PM 10:43 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Dadra and Nagar Haveli	Musical	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:36 AM 01:06 PM 03:37 PM 06:07 PM 08:38 PM 11:08 PM
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 2	हिन्दी	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:42 PM 06:12 PM 08:43 PM 11:13 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखे मिथिला पेंटिंग	हिन्दी	12:57 AM 03:28 AM 05:58 AM 08:29 AM 11:00 AM 01:30 PM 04:01 PM 06:31 PM 09:02 PM 11:32 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 2: Constitutional Design Part 2	English	01:09 AM 03:40 AM 06:10 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	01:47 AM 04:18 AM 06:48 AM 09:19 AM 11:49 AM 02:20 PM 04:50 PM 07:21 PM 09:51 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:13 AM 04:43 AM 07:14 AM 09:44 AM 12:15 PM



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Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
रविवार, 30 जुलाई 2023 Sunday, 30 July 2023			
सामान्य	Water Saved	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	12:02 AM 02:32 AM 05:02 AM 07:32 AM 10:02 AM 12:32 PM 03:02 PM 05:32 PM 08:02 PM 10:32 PM
General	A Visit to Cherapunjee	English	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 2	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
Social Science (Economics)	Economics, Chapter -4: Food Security In India	English	01:13 AM 03:43 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:43 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	कार्टूनिस्ट सुधीर तैलंग	हिन्दी	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM



			02:29 PM 04:59 PM 07:29 PM 09:59 PM
सोमवार, 31 जुलाई 2023 Monday, 31 July 2023			
हिन्दी	स्पर्श, पाठ 8: दोहे, भाग - 2	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	कबड्डी	हिन्दी	12:25 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 05:59 PM 08:29 PM 11:00 PM 03:28 PM
सामान्य	Water Saved	हिन्दी	02:25 AM 04:56 AM 07:26 AM 09:57 AM 12:27 PM 02:58 PM 05:28 PM 07:59 PM 10:29 PM
Science	Chapter 8: Motion - Acceleration graph	English	04:05 AM 09:39 PM 07:08 PM 04:38 PM 02:07 PM 09:06 AM 06:36 AM 01:34 AM 11:37 AM
Mathematics	Chapter - 8: Quadrilaterals, Part - VI	English	06:51 AM 09:54 PM 07:24 PM 04:53 PM 02:23 PM 11:52 AM 09:22 AM 04:21 AM 01:50 AM
Science	Chapter 8: Motion - Velocity time graph	English	11:34 AM 09:36 PM 07:06 PM 04:35 PM 02:04 PM 09:03 AM 06:33 AM 04:02 AM 01:32 AM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	01:22 PM 11:24 PM 08:54 PM 06:23 PM 03:53 PM 10:52 AM 08:21 AM 05:51 AM 03:20 AM 12:50 AM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले - महाराष्ट्र	हिन्दी	01:55 PM 11:57 PM 09:27 PM 06:56 PM 04:26 PM 11:25 AM 08:54 AM 06:23 AM 03:53 AM 01:22 AM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:14 PM 09:46 PM 07:15 PM 04:45 PM 11:44 AM



			09:13 AM 06:43 AM 04:12 AM 01:42 AM
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